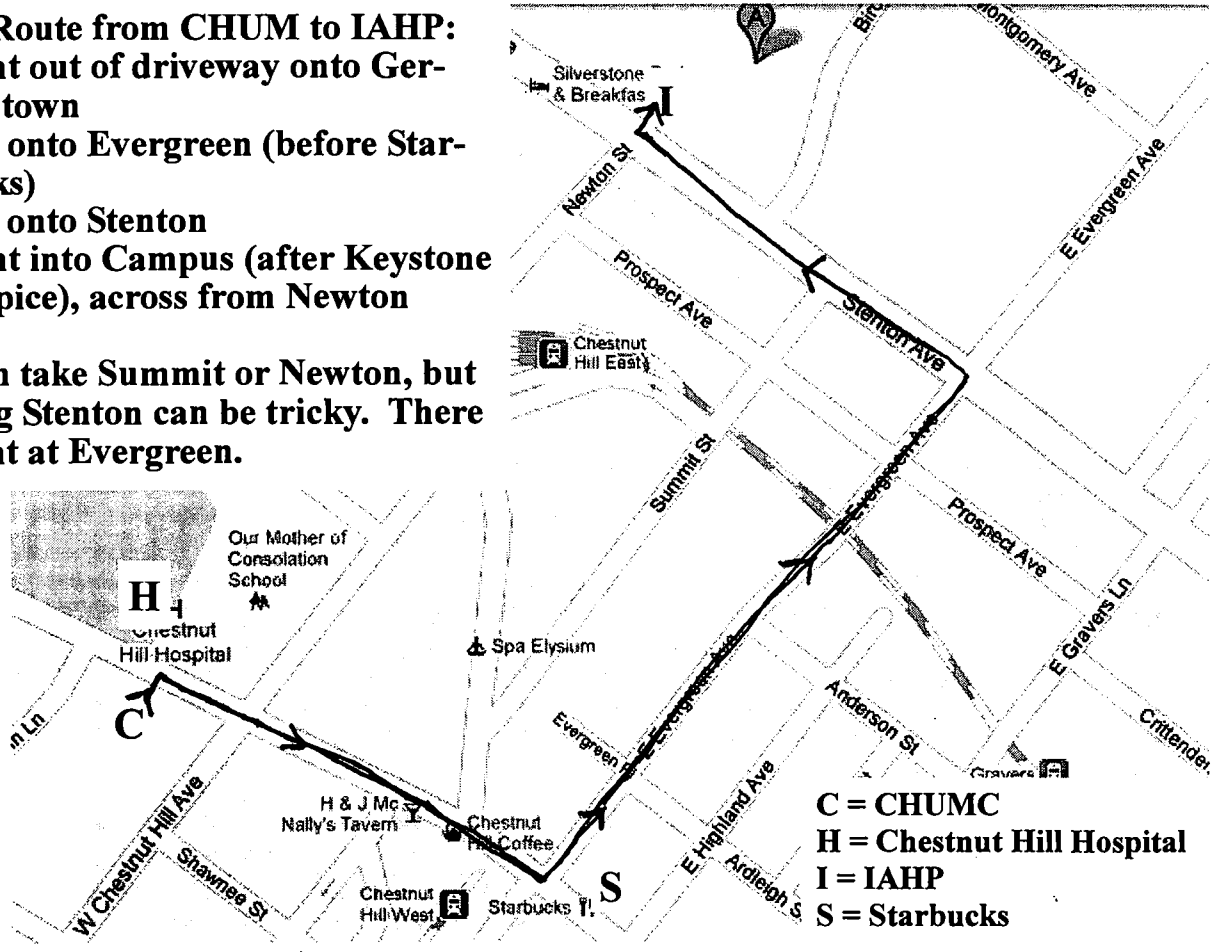


Thursday, May 12, 2011, Dr. Cheikin's Yoga Class will take place at 7:15 am (not 7:30) in the Clinic Building at the Institutes for the Achievement of Human Potential. All are welcome.

Safest Route from CHUM to IAHP:

- 1) Right out of driveway onto Germantown
- 2) Left onto Evergreen (before Starbucks)
- 3) Left onto Stenton
- 4) Right into Campus (after Keystone Hospice), across from Newton

You can take Summit or Newton, but crossing Stenton can be tricky. There is a light at Evergreen.



IAHP ENTRANCE AND MAP →

IAHP Parking and Yoga Class:

- 1) You can park along the main driveway or in any of the small lots where there is a space
- 2) The class is being taught in the "Clinic" building, which is the last building to the left of the driveway.

P = Parking

