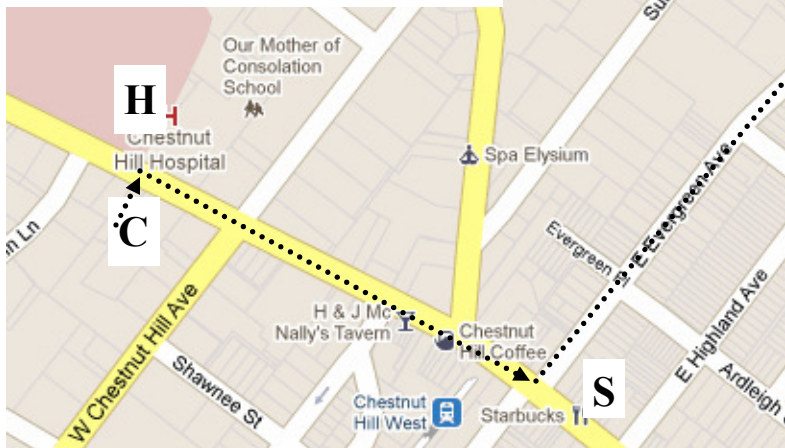
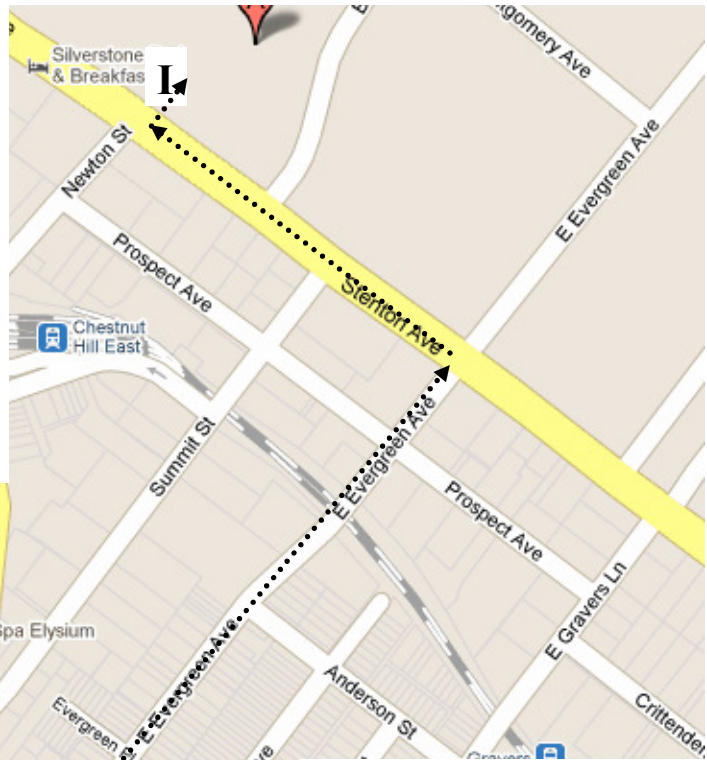


On certain Thursdays, Dr. Cheikin's Yoga Class will take place at 7:15 am (not 7:30) in the Clinic Building at the Institutes for the Achievement of Human Potential, to enable the sharing of yoga with people from all over the world. . All are welcome.

Safest Route from CHUM to IAHP:

- 1) Right out of driveway onto Germantown**
- 2) Left onto Evergreen (before Starbucks)**
- 3) Left onto Stenton**
- 4) Right into Campus (after Keystone Hospice), across from Newton**

You can take Summit or Newton, but crossing Stenton can be tricky. There is a light at Evergreen.



C = CHUMC
H = Chestnut Hill Hospital
I = IAHP
S = Starbucks

IAHP ENTRANCE AND MAP →

IAHP Parking and Yoga Class:

- 1) You can park along the main driveway or in any of the small lots where there is a space**
- 2) The class is being taught in the "Clinic" building, which is the last building to the left of the driveway.**

P = Parking

