

About Dr. Cheikin



Board Certified
Physical Medicine
Pain Management
Spinal Cord Medicine
Electrodiagnostic Medicine
Licensed Medical Acupuncture

Dr. Cheikin received his MD magna cum laude from Downstate Medical Center in New York in 1980. He served his internship in Family Practice and Psychiatry and residency in Physical Medicine and Rehabilitation ("Physiatry").

For over ten years, Dr. Cheikin served as the Medical Director of Chestnut Hill Rehabilitation Hospital, where he developed and ran programs for Integrated Wound Care, Wheelchair Users, Chronic pain, Fibromyalgia, and Carpal Tunnel/Thoracic Outlet Syndrome, Spasticity and Contracture management, Workers Compensation and Integrated Medicine. He was previously on the faculty of Temple University School of Medicine. He is the Associate Medical Director of Inglis House and the Institutes for the Achievement of Human Potential.

Dr. Cheikin has been studying and practicing yoga and other mind-body techniques for over 25 years, and specializes in the application of conventional and "complementary" methods for acute and chronic pain, the special needs of wheelchair users and other disabilities, and other medical problems that elude conventional care. He also utilizes metabolic testing, medical acupuncture, nutrition, special laboratory tests, and special diets to help his patients.

He accepts most insurance plans for consultation.

Cost:

The cost of the test varies with the number of markers measured--in general, less cost per marker with more markers.

The cost also includes an administrative and interpretation fee that covers instructions and up to 30 minutes of physician review of results with the lab.

Since the test is medically necessary and prescribed by a Medical Doctor, the test may be "covered" by a Medical Savings Account (MSA) or Health Savings Account (HAS). Some insurances may cover portions of the test.

Payment is required at the time of testing.

For more information:

Brief Description:

http://www.metametrix.com/PDFs/Patient_Briefs/OrganixPatientBriefsm.pdf

More Detailed Information:

<http://www.metametrix.com/content/DirectoryOfServices/0091OrganixComprehensive-Urine>

Sample Report:

http://www.metametrix.com/DirectoryOfServices/pdf/pdf_sample_0091OrganixComprehensive-Urine.pdf

CPT Codes:

<http://www.metametrix.com/content/DirectoryOfServices/0091OrganixComprehensive-Urine?profile-cpt-codes>

Organix Test

A state-of-the-art test which measures up to forty six markers of individual biochemistry

offered by:

Michael Cheikin M.D.

610-239-8626

drc@c4oh.org

www.cheikin.com



Center for Optimal Health
Plymouth Valley Professional Center
832 Germantown Pike, Suite 3
Plymouth Meeting, PA 19462

The Organix Profile

Let's say that you need to know what a factory is producing, but can't get inside. Since every factory has an exhaust pipe, if you take a sample of the exhaust, and have chemists analyze the contents, you will have a pretty good idea of what is being utilized and made.

The same goes with the body—we cannot measure what's going on in each cell. What makes us different from the other members of our family and species is in part the uniqueness of our enzymes and biochemistry. The problem with most blood tests is that the "normal" range does not often reflect individual needs. However, if we take a concentrated sample of urine, we can look for markers of critical biochemical processes, which accurately reflect individual biochemistry.

From these markers, we can design an individual program that includes specific nutrients to correct deficiencies and compensate for individual biochemical weakness. Other agents, such as anti-bacterial and anti-yeast agents may also be used to promote healing.

The test is safe and convenient. It requires a single morning urine sample (after restricting fluids for 24 hours), which the patient then freezes and mails in a pre-paid mailer. The physician receives the results in approximately three weeks, and reviews the results with the lab in detail before the next patient visit.

Sections of The Organix

Basic Profile—measures 35 markers of the following biochemical processes:

- Vitamin and mineral insufficiencies
- Amino acid insufficiencies like carnitine and NAC
- Oxidative damage and anti-oxidant sufficiency markers
- Indicators to assess detoxification sufficiency
- The best functional markers of B-complex deficiency
- Neurotransmitter metabolites to assess CNS function
- Mitochondrial energy production assessment via citric acid cycle components
- Methylation sufficiency status
- Lipoic acid and CoQ10 sufficiency markers

Dysbiosis Profile—measures 11 markers for bacterial and yeast overgrowth

Comprehensive Profile—measures all 46 markers

Yeast Marker Only—only the arabinatol marker

Conditions Evaluated

From a single urine specimen, the Organix Profiles provide important information for treating the following conditions and more:

- Anxiety
- Attention and memory disorders
- Autoimmune disorders
- Bloating and gas
- Blood sugar dysregulation
- Constipation
- Depression
- Dermatitis
- Ear, nose, and throat symptoms
- Fatigue
- Headaches
- Hypertension
- Liver Disease
- Mood changes
- Multiple chemical sensitivity
- Muscle and joint pain
- Nausea
- Reflux
- Sleep abnormalities
- Toxicity
- Weight Gain
- Yeast Syndrome